

Title:	In-service Education: Educating Primary Teachers in Human Rights in Greece
Year:	2017
Author:	Nikolaos Manesis
Abstract:	Since the early 1990s, the Greek Ministry of Education gradually introduced several innovative programmes such as Health Education. Health Education aims to protect, improve and promote mental and physical health and social well-being of students, by developing their social skills and their critical thinking and by upgrading their social and natural environment. The main objective of Health Education is to change students' attitudes and behaviour, enhance their self-confidence as well as the ability to adopt positive lifestyles. Active learning methods are used in these programmes such as role-playing, working in small groups, artistic creation, etc. The themes of the programmes are distributed in nine (9) axes, one of which is "Interpersonal Relations - Mental Health".